

# MESSIAH LUTHERAN ATHLETICS

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Parents of 5-8<sup>th</sup> graders,

Involvement in athletics is not limited to those currently enrolled in Messiah Lutheran School; rather any member of Messiah Lutheran Church with children in grades 5-8 may take advantage of this program. Due to the late start this year, volleyball will be starting before school starts. Sport sign-ups are usually done in person. Volleyball signup will be online due to an early start.

**Girls' volleyball:** The Season will likely begin before school this year, depending on our start date. Targeting the last week in August to start practices. Look for the schedule to be released in mid-August. Sign-up may also take place on a google form. Please watch for that email as well.

**Boy's flag football:** Looking for a coach. Please Email me if interested. Football will start after Labor Day and run through mid-October. Practices and games are usually on Tuesday and Thursday of each week on the Messiah field. We will be playing St. Marks as well as St. Johns Neillsville this year. Teams will likely be 5<sup>th</sup> through 8<sup>th</sup> to allow other schools participation.

**Cross country:** The schedule is not set yet. We have run anywhere from 1-4 meets in the past. They usually practice once or twice a week. The races are usually 1-2 miles long. All 5<sup>th</sup> through 8<sup>th</sup> grade are welcome.

**Soccer:** This is usually just one weekend tournament with 3-4 practices leading up to it. The tournament is scheduled for Sept. 25<sup>th</sup>. If you are interested in coaching this, please contact me. This is 5<sup>th</sup> through 8<sup>th</sup> coed.

**The Concussion Agreement Form must be signed** before participating. This is an electronic form this year. This form is league regulated and needs to be completed before participation in a sport.

**Please use the school events calendar** found on the Messiah school website (<http://www.messiahschool.org/information/events-calendar>) for game schedules and practices. I will do my best to keep things up to date. Coaches

will be in charge of notifying parents of changes they make due to scheduling conflicts or any changes that are made within 24 hours of practices or games.

Games and practices will be scheduled in accordance with the Messiah handbook. There will be **no more than three events per week**. For example: Two practices with one game, or two games and one practice.

Each year I receive complaints for parents, coaches, and opposing teams about **unattended children** getting into ball bins, running around the halls, talking and jeering the players on the court. Please be mindful of this, especially at away games.

The parents of students who are competing in a sport are asked to volunteer for book keeping, scorekeeping, and line judging for home games. Please communicate with your coach if you are able to fill one of these duties. I will be working with the coach ahead of time to make sure these spots are filled. The coaches should not have to approach people at the game to fill these spots. I will make sure referees are lined up for all home games. If you are willing to serve as a Referee in either flag football, volleyball, or basketball, please tell me. **Referee pay is \$20 per game.**

Please contact me with questions or concerns. I respond quicker to texts and calls if it is time sensitive.

The Lord be with you,  
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